

	CASSELL TRAINING CENTER Gymnastic Class Schedule 2025/26	
	MONDAY	
CLASS TIME	CLASS DESCRIPTION	TEACHER
4:30-6:00	Level 1 (8 and up)	MK
5:00-6:00	A/1 (5-7yrs)	KM
5:15-6:45	Level 3	MP
5:30-7:00	Level 2	SF
6:00-7:00	A/1 (5-7yrs)	KM
6:00-7:30	Level 1 (8 and up)	MK
6:45-7:45	Beg Tumbling (8 and up)	MP
	TUESDAY	
CLASS TIME	CLASS DESCRIPTION	TEACHER
4:00-5:00	Preschool (3-4yrs)	SF
5:00-6:00	A/1 (5-7yrs)	KM
5:00-6:30	Level 2	SF
6:00-7:30	Level 1 (8 and up)	SF and KM
6:30-7:30	Int Tumbling	HG
7:30-8:30	Adv Tumbling	HG
	WEDNESDAY	
CLASS TIME	CLASS DESCRIPTION	TEACHER
4:30-6:00	Level 1 (8 and up)	MK
5:30-6:30	A/1 (5-7yrs)	SV
5:30-6:30	A/1 (8 and up)	HT
6:00-7:30	Level 1 (8 and up)	MK
6:30-8:00	Level 2	SF
7:30-8:30	Beginning Tumbling	SF and MK
	THURSDAY	
CLASS TIME	CLASS DESCRIPTION	TEACHER
4:00-5:00	Preschool (3-4yrs)	HT
4:15-5:00	Parent and Tot (18mos-2yrs)	SV
5:00-6:00	A/1 (5-7yrs)	HT
5:00-6:00	Ninja/Xena (5-6yrs))	BD
5:00-6:30	Level 2/ Level 1	SV
6:00-7:00	Ninja/Xena (7-10yrs)	BD